

Seniors Guide

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The Senior Informer

Great Dayton / Miami Valley

November 15, 2007

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Industry Websites

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Letter From The Associate Publisher

I am the child who lives far away... and although I see my family often, there are some years when we cannot be together for the holidays. So, I hear the plans and hub-hub via the telephone and of course, emails...



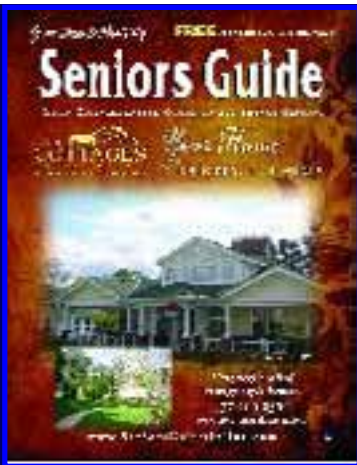
I think of family, especially this time of year and the memories flood through me like a rapid river flow...

Grandma's house - potato and ribbon candy, Grandpa cutting the turkey (the old fashioned way) with a simple knife, Grandma with her "words" regarding the never ending football game, the parades, Mom and Dad happy to be in the company of older folks who look after them as they carry the responsibility of watching over my brother, two sisters and me, cousins we love, aunts and uncles we adore..

Although some of my family is no longer with me, I feel I can close my eyes and they are sitting right in front of me with a smile and open arms - The memories are so clear.. It is surprising how many times my own grown children say, "Mom, you never told me that."

So, remember to leave memories with each other especially with the younger generation. Pass the memories around as you pass the potatoes - make sure they "love" on!

Happy Holidays!
Sincerely,



Debi Stranahan,
Associate Publisher
Seniors Guide Magazine

CALENDAR OF EVENTS



SPRINGFIELD MASONIC COMMUNITY

2655 West National Road, Springfield,
invites you to stimulate your mind and taste buds
with its monthly LUNCH AND LEARN events
11 a.m. to noon

The fourth Wednesday of the month
The Lindner Community Center.

Attendees can enjoy a complimentary lunch and

hear guest speakers talk about a variety of subjects.

The next session will be

The events are open to the public.

RSVPs are requested. Call (937) 525-3007 for more information.

Tours of Springfield Masonic Community to see its variety of active lifestyle retirement living options are also available upon request. We look forward to seeing you.

HEARTLAND OF MIAMISBURG PRESENTS BRUNCH AND MORE

BEWARE WINTER IS COMING!

Winter is coming! It cannot be ignored or avoided when you live in the Miami Valley. However, there are some specific steps you can take to keep you, your family and you home safe and warm during the long cold winter months.

Please join us for our monthly Brunch and More program this month as a representative from the Miamisburg Fire Department will be providing us with timely information and tips for winter preparedness. You do not want to miss this extremely important and timely seminar.

Please join us for a FREE delicious breakfast of made to order omelets, pastries, fresh fruits, coffee, cappuccino etc. You will enjoy good food while you digest food for thought.

When: Wednesday November 28, 2007

Time: 9:30 am - 11:00 am

Where: Heartland of Miamisburg Rehabilitation and Assisted Living Center

450 Oakridge Blvd. Miamisburg Ohio

**R.S.V.P. Call Garry Buschur or Aimee Owsley at
937- 866-8885**

**PLEASE JOIN MERCY SIENA GARDENS AND BRUKNER
NATURE CENTER AS THEY PRESENT
"FEED THE BIRDS"**

There will also be a special presentation on helpful hints on feeding our fine feathered friends!

Wednesday, November 28, 2007

2:00 pm - 3:00 pm

Cost: FREE

Location: Mercy Siena Gardens

6105 North Main Street

Dayton, Ohio 45415

For more Information, please call Barb Kreuzer at (937) 279-6879.

**MCKINLEY COMMONS ANNOUNCES CONTINUING HEALTH
SCREENINGS**

Community Health Screenings conducted by Senior Independence
Take advantage of this free, friendly atmosphere to ask your health questions to medical professionals. Learn about all the "help" that is available to the elderly through Senior Independence and ask the manager about rental assistance while you are touring our beautiful apartments!

TIME: 1:00pm

DATE: The First and Third Tuesday of every month

PLACE: McKinley Commons

240 South Main Street

West Milton, Ohio 45383

For further information contact:

CAROL SAETTEL at (937) 698-3456 [McKinley Commons](#)

FRIENDSHIP VILLAGE ANNOUNCES EVENT

Books R Fun

Book Fair and Gift Shoppe

Wednesday, November 28

10:00 am - 4:00 pm

Commons Lounge

5790 Denlinger Rd.

Dayton, Ohio

FOR FURTHER INFORMATION PLEASE CALL

937-837-5581

FRIENDSHIP VILLAGE ANNOUNCES EVENT

Tour of Homes and Gingerbread Home Display

Open House

Come and visit us for informational tours of our apartments and

cottages and while you are here, enjoy the display of gingerbread homes too. Each house has been creatively designed by our own staff and community groups. Just follow the signs to the front reception desk to begin your tour. Refreshments will be served.

Thursday, December 6

1:00 - 3:00 pm

5790 Denlinger Rd.

Dayton, Ohio

FOR FURTHER INFORMATION PLEASE CALL 937-837- 5581

SPRINGFIELD MASONIC COMMUNITY ASKS YOU TO

Join the Holiday Caroling Competition!

Let your voices be heard. Be creative. Help others and celebrate the holiday season with the first Figgy Pudding Caroling Competition, sponsored by Springfield Masonic Community, 2655 West National Road, Springfield.

The Figgy Pudding Caroling Competition allows groups of carolers the opportunity to raise the holiday spirit through song at various locations around Springfield the weekend of November 30 through December 2.

Carolers will entertain with their unique versions of holiday classics done in a variety of ways.

While doing so, they will accept financial contributions to be given to local charities.

On Tuesday, December 4, participants will gather for a night of song and celebration in the Burkhart Auditorium on the Springfield Masonic Community campus. Choirs, families or any groups that enjoys singing are welcome to compete in the Figgy Pudding event. Several awards will be given for most monies raised, best costumes, most spirited and more.

The entry fee is \$25 per caroling group and the entry deadline is Nov. 26.

For more information or to register, call 525-3007.

Financial gifts raised in support of the Figgy Pudding Caroling Competition will benefit the Rocking Horse Center of Springfield and Springfield Masonic Community.

BROOKHAVEN RETIREMENT COMMUNITY ANNOUNCES

"BROWN BAG UNIVERSITY SERIES"

BrookHaven will hold its final Brown Bag University of the year. Jennifer, an exercise physiologist from Englewood Health Center/ Kettering Health Network, will present "Exercise and Arthritis".

This event will be held on December 6th at 10 am in the Community Room on the campus of BrookHaven Retirement Community.

Please call Poetry Potts at (937) 833-2133 for questions or to reserve your spot. Drinks and snacks will be served.

JOB OPENINGS



THE MARIA-JOSEPH CENTER is seeking volunteers who are interested in being involved in a mature environment. Volunteering will enable you to meet new people and gain an inside perspective of the many services that are provided at our facility. Be assured that our staff values the time, energy, commitment, and enthusiasm of our volunteers. Donating your services is most appreciated. Positions include: Transporters/ Chapel, Clerical and Assist with Activities. If you are interested in getting started and being involved, please contact:

The Maria-Joseph Center 4830 Salem Avenue Dayton, Ohio 45416 (937) 278-2692, ext. 432 [The Maria Joseph Center](#)

Submit Job Openings Here

ANNOUNCEMENTS



LOCAL SENIORS GUIDE ADVERTISER AND REALTOR HAS A SPECIAL HISTORY!

Carol Gibson of Sibcy Cline Realty is not your typical senior real estate specialist. She truly knows first hand what living in a retirement community and senior housing community means! You see, Carol lived most of her childhood and teen years in a senior housing community herself! Her father, Dale Long was the Administrator of Greenwood Manor of Greene

County and then moved to Urbana, Ohio where he was the administrator of the Champaign County Home which is now the Wellington Retirement Center. Carol's family residence was right on campus located at the Greenwood Manor location in Xenia, Ohio.

Carol remembers fondly living with whom she refers to as, "Many many, Grandparents!" Carol would help her parents and her siblings by making sure everyone was happy. Carol and her siblings played games and talked for many hours with the residents of the Greene County Home. She stated "We were like their children as some of them did not have a family". Carol's memories are with her today as she takes great care of seniors and their children when trying to find the best possible residence for them. She knows what it takes to downsize with care and takes great pride in her team of specialists who provide the best in care for her clients. If you would like to talk to Carol, you can reach her at (937) 470-0015 or email her at cgibson@sibcycline.com

ARISTA HOME CARE HAS A NEW NAME!

Arista Home Health Care has changed their name to **RESCARE HOMECARE**. Rescare HomeCare is one of the nation's largest homecare providers and is proud to offer flexible, affordable and dependable homecare in Kentucky. They provide regularly scheduled or as-needed services in your home or residence. Log on To [ResCare Home Care](#) for more information about ResCare HomeCare!

A NEW ADVERTISER TO SENIORS GUIDE ANNOUNCES: Special Property in Senior Community for Sale

Nedral Brown-Gockel of Big Hill GMAC Real Estate is offering a hard to find ranch home with a walkout

basement in a PUD. This 55+ community is perfect for the empty nester who wants a nice sized home (2932 sq ft) with no yard work. As you enter the foyer a study is on your left. Straight ahead is the living area flanked with the living room on one side & the spacious kitchen on the other which opens to the dining room. Next is the master suite with a large walk-in closet, bath with double sink & oversized shower. A guest bedroom & second bath are on this level. A nice sized laundry is also on the first floor. Off the living space is a covered deck facing the open green space that extends into the adjacent woods. On the lower level is a rec room with a wet bar & family room. Another full bath & bedroom with walk-in closet is on this level plus lots of storage space. From this area you can walkout to a patio with a hot tub that stays. This home was the builder's model & is a rare find. No smokers or pets have ever lived here. Won't last!

PRICE: \$269,900

LOCATION: 913 Howard Ln Vandalia, OH 45377- 1872

CONTACT:

Phone: 937-435-1177

Address: 5580 Far Hills Ave Dayton, Ohio 45429

E-mail: realtornedra@sbcglobal.net

[Website](#)

WELCOME TO OUR NEW ADVERTISERS!

We would like to take the opportunity to welcome our new advertisers in the Seniors Guide for the November 2007 - February 2008 quarterly edition. They are:

David's Cemetery (Ad Page 13)

Friendship Village (Ad Page 50)

Forest Glen Healthcare (Ad Page 31)

Dayton Heart Hospital(Ad Page 15)

The Cottages Of Clayton (Ad Page 49 and Cover)

Sunshine Webcam and Email Delivery Services (Ad Page 20)

Take a look at their ads in The Seniors Guide and give them a call!

SENIORS GUIDE ADVERTISERS!

Don't forget to email me with your news, postings, and events. What better way to stay in front of your audience then to submit the events, news and vital information regarding your company!

If you want to know more about advertising in the Seniors Guide, please email me at

debi@seniorsguideonline.com or give me a call (937)603-8469!

OUR MAGAZINES ARE EVERYWHERE!

The Greater Dayton/Miami Valley Seniors Guide Magazine is out, so look to the stands in many stores, hospitals, physicians offices, senior centers, restaurants and more!

This magazine is FREE to EVERYONE due in large part to the fine advertisers, so please give them a call and tell them you saw them in the Seniors Guide!

CONTEST!!!!

Mail your current business card to Debi Stranahan, Associate Publisher Seniors Guide Magazine P.O. Box 154 Dayton, Ohio 45345 Your card will be entered into a drawing with prizes valued at \$200.00! (Must be received by December 15, 2007)

MEMORY GAME - EXERCISE YOUR MIND!



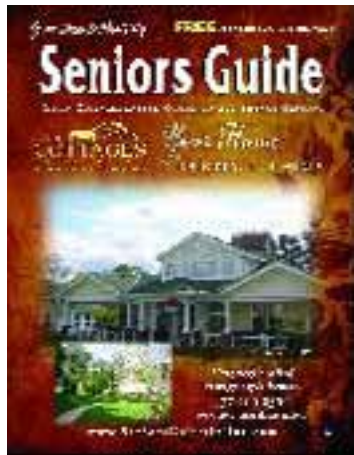
Research has found that keeping the brain active seems to increase its vitality, and can help decrease your risk in developing Alzheimer. Play the game linked below - it's good for you!

[MEMORY GAME](#)

We hope you have enjoyed this issue of the Senior Informer.

Each edition will be emailed the **15th of each month**. If you have any announcements, postings or events, please email them to Debi Stranahan, Associate Publisher no later than the **14th of each month**. Thank you!!

Brought to you by:



Debi Stranahan, Associate Publisher

Seniors Guide

email: debi@seniorsguideonline.com

phone: 937 603 8469

web: <http://www.seniorsguideonline.com>