

# The Senior Informer



## Seniors Guide



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## Happy New Year!

Over the last few months, it has been great working with many of our contributors and subscribers both with Seniors Guide Magazine and The Senior Informer newsletter.

I hope everyone has had a Happy New Year - and I look forward to more chances to help your growth in 2010!

- Jeff Hartman

Submit your senior event/article/job listing, at 60 words or less, for next month's issue to **Jeff Hartman** at [jeff@seniorsguideonline.com](mailto:jeff@seniorsguideonline.com).

## Senior Industry Events

### Upcoming Events at [Heritage Green Assisted Living](#)

#### Designer Jewelry & Clothing Sale

**February 10, 2010 - 2pm-6pm**

Designer jewelry and clothing sale to benefit the Alzheimer's Association Memory Walk. Refreshments for everyone! Long stem rose will be given to everyone spending \$40 or more.

Heritage Green Assisted Living Community  
200 Lillian Lane Daybreak Lobby

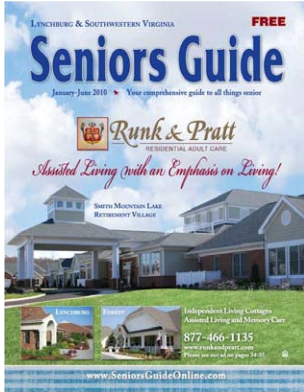
#### Coping With Alzheimer's

**February 18, 2010 - 6pm**

Grieving and music therapy for people with Alzheimer's, or loved ones coping with Alzheimer's.

Guest presenters will be Karen Delorey, RN and Jennifer of Centra Hospice: Capone Music Therapist. Joining them will be Cindy Bondurant - Program Outreach Director for the Alzheimer's Association and Dr. Patricia Pletke - Director Centra Hospice.

# Seniors Guide Magazine



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Heavy Horsdevors by Michelle Hamrick "The Lunch Bag on Main" located at Holiday Inn Select, Lynchburg.

**Heritage Green Assisted Living**  
200 Lillian Lane  
Lynchburg, VA 24502  
434-385-5102

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## Upcoming Events

### [Amedisys Home Health](#)

### Senior Networking Group Breakfast

**January 26, 2010**

January New River Valley Senior Networking Group Meeting at Amedisys Home Health 801 Davis Street, Suite 2 Blacksburg, VA 24060.

Begins at 8:30 am.

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## Events From

### [Universal American](#)

#### **Mondays**

10am-12pm & 2-5pm Medicine Shoppe, 1230 Main St, Alta Vista  
10am-12pm & 2-5pm Gretna Drug Company, 108 Vaden St, Gretna  
10am-1pm Medicap Pharmacy, 4375 Brambleton Ave, Roanoke  
1-3pm Shawsville Pharmacy, 6920 Roanoke Rd, Shawsville  
1-3pm Rural Retreat Pharmacy, 7059 West Lee Hwy, Rural Retreat

#### **Tuesdays**

10am Shoney's, 2673 Lee Hwy, Troutville  
2pm Famous Anthony's, 323 E Virginia Ave, Vinton  
2pm K&W Cafeteria, 1609 Hershberger Rd NW, Roanoke  
2pm K&W Cafeteria, 4242 Electric Rd SW, Roanoke  
2pm Famous Anthony's, 2631 Lakeside Dr, Lynchburg

#### **Wednesdays**

9-11am Halifax Pharmacy, 4121 Halifax Rd Suite B, South Boston  
10am-1pm Boonsoboro Pharmacy, 4925 Boonsboro Rd, Lynchburg  
1-3pm Counts Drug, 289 West Main St, Wytheville  
2pm Anna's Restaurant, 100 Monroe St, Narrows  
2pm K&W Cafeteria, 1215 W Second St, Salem  
2pm Perkins Restaurant & Bakery, 102 Bristol East Rd, Bristol  
2pm C&E Restaurant, 2201 W Gretna Rd, Gretna  
5:30pm Louis' Kitchen, 1037 West 2nd St, Chase City

### Thursdays

(except November 26th and December 24th and 31st)

9:30am Bedford Restaurant 2125 W Lynchburg Salem Trnpke, Bedford

10am-12pm Medicine Shoppe, 605 East Atlantic St, South Hill

12-5pm Wytheville Livestock Market, 3561 Stoney Fork Rd, Wytheville

1-3pm Nuckolls Drug Company, 510 N Main St, Hillsville

1-3pm FW Richards Jr Inc, 932 N Main St, Chase City

1pm Gone Country, 219 Main St, New Castle

2pm Mary's Diner, 1201 Piney Forest Rd, Danville

2pm Fisherman's Galley, 17890 Virgil H Goode Hwy, Rocky Mount

Fridays (except November 27th and December 25th)

10am-12pm & 2-5pm Medicine Shoppe, 1230 Main St, Alta Vista

10am-12pm & 2-5pm Gretna Drug Company, 108 Vaden St, Gretna

10am-12pm Medicine Shoppe, 3324 Williamson Rd, Roanoke

10am-1pm Martinsville Family Pharmacy, 1049 Brookdale St #A, Martinsville

2pm Shoney's, 120 Malin Dr, Wytheville

3pm Solid Ground Coffee & Tea, 96 Builders Pride Dr, Hardy

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INDUSTRY  
EVENTS**

**POST  
SENIOR  
EVENTS**

**Submit your event to  
[www.SeniorsGuideOnline.com](http://www.SeniorsGuideOnline.com) as well!  
(Click the buttons to get started)**

## News From Our Advertisers

### [Smith Mountain Lake Retirement Village](#)

Smith Mountain Lake Retirement Village is located in the Westlake area of Hardy, Virginia. We have now been open for one year and offer Assisted Living, Memory Care and Independent Living in our retirement community.

For more information, call us at 540-719-1300  
check out our website at [www.runkandpratt.com](http://www.runkandpratt.com)  
or come by for a tour

## News Release, Medical Resources & Solutions

Contact: Mark Seidel CEO Phone ; 540-989-0823

MRS-Medical Resources & Solutions LLC  
AWARDED ACCREDITATION FROM THE JOINT COMMISSION

Roanoke, Virginia - By demonstrating compliance with The Joint Commission's

national standards for health care quality and safety, MRS-Medical Resources & Solutions has earned the Joint Commission's Gold Seal of Approval™.

"We sought accreditation for our organization because we want to demonstrate our commitment to Wound Care & Decubitus Care for Patient's safety and quality care," says Mark Seidel CEO "We view obtaining Joint Commission accreditation as another step toward achieving excellence."

"In becoming accredited, MRS-Medical Resources & Solutions LLC, was evaluated against a set of national standards by The Joint Commission's experienced in the delivery of DME-Durable Medical Equipment-Wound Care services," says Gina Zimmermann, M.S., senior executive director, The Joint Commission. "Achieving accreditation demonstrates MRS-Medical Resources & Solutions commitment to providing high quality and safe care to its clients."

The Joint Commission conducted an unannounced, on-site evaluation of MRS-Medical Resources & Solutions on July 29, 2009. The accreditation award recognizes MRS-Medical Resources & Solutions dedication to complying with the Joint Commission's state-of-the-art standards on a continuous basis.

Founded in 1951, The Joint Commission seeks to continuously improve the safety and quality of care provided to the public through the provision of health care accreditation and related services that support performance improvement in health care organizations. The Joint Commission evaluates and accredits more than 15,000 health care organizations and programs in the United States, including more than 8,000 hospitals and home care organizations, and more than 6,800 other health care organizations that provide long term care, assisted living, behavioral health care, laboratory and ambulatory care services. The Joint Commission also accredits health plans, integrated delivery networks, and other managed care entities. In addition, The Joint Commission provides certification of disease-specific care programs, primary stroke centers, and health care staffing services. An independent, not-for-profit organization, The Joint Commission is the nation's oldest and largest standards-setting and accrediting body in health care.

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## **DOWNTOWN LYNCHBURG LOFT TOUR**

*Saturday, February 27, 2010 from 10 AM - 4 PM.*

See 8-10 beautifully decorated loft apartments. Tickets are: \$20 (Advance) or \$25 (Day of Tour) after February 1 at the Downtown Visitors Center on Church Street or at the Free Clinic at 1016 Main Street. Funds go to support the Free Clinic of Central Virginia. FREE Parking, FREE Shuttle bus, and most units are handicapped accessible by either elevator or they are ground floor units. Robert "Bob" Barlow, Executive Director - Free Clinic

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*Allows visitors to email you directly for more information*

**- Visit Our Website**

*Brings qualified traffic directly to your website*

**- Directions**

*Gives visitors a map to your door*

