

# Senior Industry News

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[Alzheimer's NC Inc.](#)

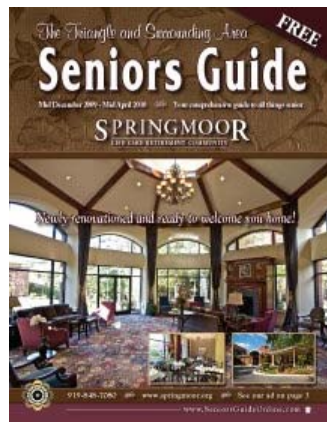
[Division of Aging and Adult Services](#)

[Health Affairs Round Table](#)

[Resources for Seniors](#)

[Chapel Hill and Durham Eldercare Resources](#)

[Senior Resource Alliance](#)



### Events for February

**8th, 12:30 PM \* [Emerald Pond](#)**

Chinese New Year! Free Chinese Lunch & at 3:00pm Yening Yeng Chinese Entertainer/ Singing & Dance.

**10th, 10:00 AM or 2:00 PM \* [The Village at Brookwood](#)**

Maintenance-Free Living...The Village at Brookwood invites you to ask members of our community how they are enjoying a stress-free lifestyle! Join us at the Holly Inn at Pinehurst Resort, The Magnolia Room, 155 Cherokee Road, Village of Pinehurst, NC 28347. Light refreshments and beverages. Casual question and answer time. Door prizes! To reserve your seat, RSVP by February 4 to 800-282-2053 or [info@villageatbrookwood.org](mailto:info@villageatbrookwood.org)

**12th, 1:30 PM - 3:30 PM \* Kirk of Kildaire Total Life Center**

Valentine Dance! We're spreading the love at the TLC with plenty of sweet treats, music and of course, Dancing! 200 High Meadow Drive, Cary NC

**15th, 12:30 PM \* [Emerald Pond](#)**

Valentine's Day Dinner! 3:00 Entertainment w/ Drew Bowen & Sweets for your Sweetie

**16th, 6:00 PM \* Celebrating for a Cause**

4th Annual Fat Tuesday Bash! The event will feature great food from all your favorite Cary restaurants and phenomenal music from The Retro's! Don't miss this opportunity to come out for a great night to support a great cause. There will also be an opportunity to win special prizes and travel to some place warm! Restaurants supporting the Fat Tuesday party include Daniel's, Rey's, Bavarian Brathaus, Bentley's, Lucky 32's, Carraba's, Tony's Oyster Bar and MORE.

Tickets are \$50/each with all funds raised going straight to the important work that Cary Macgregor Rotary and Cary Visual

Arts accomplish in the area. Get your friends together and come! To pre-order tickets or get more information about Table Sponsorship, please call Morgan Lamphere at 919-673-9151 or email [mlamphere@searstone.com](mailto:mlamphere@searstone.com). Tickets can also be purchased online this year at Cary Visual Art - [www.caryvisualart.org](http://www.caryvisualart.org)

**16th, 6:00 PM - 7:30 PM \* [Clare Bridge Cary](#)**

Innovations in Alzheimer's Disease. Please join us at Clare Bridge Cary for our informative seminar "Innovations in Alzheimer's Disease: Past, Present and Future." Representatives from Raleigh Neurology Associates, P.A. and Alzheimer's North Carolina Inc. will give presentations about the latest discoveries of the clinical trials performed at Raleigh Neurology, and expound upon the myths of the past and the new innovations moving forward in the 21st century. There's no better way to get acquainted with all of the latest studies and research being conducted about Alzheimer's disease. Complimentary admission. For reservations and information, call Carol Lorenz at 919.656.7253 by February 15th.

**24th, 6:30 PM - 8:00 PM \* [SOZO Senior Wellness](#)**

Are you dealing with the stress of both parenting your children and elder care? Then you need this informative, FREE WORKSHOP: "The Sandwich Generation" Peggy Gleason, RN, NHD and Integrative Health Coach, will present information & tips on relieving stress during this challenging phase of adult life. SOZO Senior Wellness, 162 Wind Chime Court, Raleigh, NC 27615. For more information, or to reserve a seat, call

919.847.4792.

**25th, 9:00 AM - 11:00 AM \* [Brookdale Senior Living](#)**

Complimentary CEU Workshop: Positive Aging, Fitness for the Brain (2.0 Credit Hours) Presented by Lisa Levine, Alzheimers NC, Inc. Hosted by Carolina House Cary, 111 MacArthur Drive, Cary. Learn some tips on how to maintain a heart and brain healthy lifestyle to help minimize your risk of developing dementia by creating your own prescription for self care: eat a diet with the right nutrients, stay physically active, and participate in mentally stimulating activities that are new and challenging. Complimentary Admission. Please RSVP to Diana at 919.520.6844 or [dgore@brookdaleliving.com](mailto:dgore@brookdaleliving.com) by Tuesday, February 23rd.

**25th, 12:00 PM \* [Morningside Assisted Living](#)**

Family Matters With Long-Term Care is a seminar designed for anyone who is interested in learning more about long-term care insurance, options in funding a policy and what to look for when selecting a long-term care insurance policy. Donna Winbon from Edward Jones Trust Company will be speaking for a Lunch n Learn at Morningside Assisted Living (801 Dixie Trail) Please RSVP by Monday February 22<sup>nd</sup> 919-828-5557.

**27th, 10:00 AM - 11:30 AM \* [SOZO Senior Wellness](#)**

Sign Chi Do - Join us to experience this unique, gentle movement that integrates body, mind & spirit. Learn about the benefits for seniors. 162 Wind Chime Court, Raleigh, NC 27615. Call 919.847.4792 for additional info or to reserve a seat.

## Announcements

[Mather Brothers Moving Co.](#) would like to offer 10% off all local moves if the person moving mentions they got our name from Seniors Guide. The 10% off includes hourly rate for move plus material, it does not include additional coverage for move. This special is only good from now until March 31st.



### [The Hearing Center at Kerr Drug](#)

introduces the amazing Qhearing aid. Call Lynn Stephens at 919.745.0555 details.

[Right at Home of Wake County](#) is partnering with "Howl for Haiti", a North Carolina State University campus wide disaster relief effort. Please join us in donating the following items to the Right at Home of Wake County office: Blankets, Sheets, Towels, Wash Cloths, Toothpaste, Toothbrushes, Combs, Bars of Soap, Tarps, Tents, Feminine Hygiene Products, Small Fingernail Clippers, Band-aids, Pop Top Cans of Vegetables & Fruit, Sealed Bags of Rice & Dried Beans. Please donate Items to: Right at Home of Wake County Office, 2500 Blue Ridge Road, Suite 312, Raleigh, NC between 8 AM - 5 PM. If you have Questions, please contact: Erika Boutwell, 919.265.9203.

[The Village at Brookwood](#), a LifeCare Community located in Central North Carolina, scored back-to-back 100% ratings during its biannual inspections from the NC Department of Environment and Natural Resources Division of Environmental Health. " We are so proud of our Environmental Services department and its dedication and hard work that has resulted in these perfect scores. ", says Dan Cuthriell Executive Director

of The Village. "In this economic environment, retirees are choosing their places of residences carefully and searching for the best quality and value they can find. By offering them a top-of-the-line clean environment, The Village demonstrates that the highest quality can be found at affordable prices." For more information about The Village at Brookwood, contact Retirement Counselors Kent Kirchin and Sherri Walker at 336.570.8440 or toll free at 800.282.2053 or send them an email at [info@villageatbrookwood.org](mailto:info@villageatbrookwood.org)

**Your Care Solution** has made some exciting changes for 2010! Our mission is to provide Quality Senior Care at an Affordable Rate. For 2010 we have reduced the Hourly Rate for Caregiver Services to \$10.00 per hour. Can't beat that! The Client will be charged a one time Finder's Fee of \$200.00. If you are An Adult Child concerned about Mom and Dad, A Discharge Planner trying to coordinate a safe discharge, An Assistant Living Facility with a Resident at risk of losing placement due to behavior problems, A Homecare provider getting ready to discharge a client needing ongoing Caregiver Services, A Physician's Office who is concerned about a patient living alone or An Adult Daycare Center who get inquiries about "extending care after hours". Give our number to your client or concerned family member, or contact us directly! 919.747.1604 or [yourcaresolution@gmail.com](mailto:yourcaresolution@gmail.com)

### **Magnolia Glen**

ADULT CHILDREN OF AGING PARENTS

SUPPORT GROUP

**Meetings Every Wednesday**

**7:00 PM - 8:00 PM**

**919.841.4747**

We invite you to become a part of our "Adult Children of Aging Parents" group, (ACAP). This support group is open to current family members of Magnolia Glen and the Raleigh community. There will be a guest speaker on the second Wednesday of the month.

### **Durham Regent**

205 Emerald Pond Lane

Durham, NC

919.490.6224

**Tuesday, February 2nd**

11:00 AM -3:00 PM

"SAS Shoe Day"

Representatives from the SAS Shoe Outlet will be at Durham Regent. The public is invited.

**Tuesday, February 9th**

2:15 PM

"Let's Talk Seniors"

Lola Lawson with the North Carolina National Guard's Yellow Ribbon Program will be our speaker of the day. The public is invited.

**Friday, February 12th**

3:00 PM

Celebrating Lincoln's Birthday with entertainer Pat Wade and Malt Shoppe.

**Saturday, February 13th**

5:15 PM

"Red & White Banquet"

Candlelight dinner will be held in our dining room, followed by "Red & White Dance" @ 7:15 pm in the fireplace room. Live intertainment provided by the Dixieland Swing Band.

**Tuesday, February 16th**

"Let's Talk Seniors"

Speaker Lois Crampton, North Carolina Rotary..The Hill Family of Durham. The public is invited.

**Friday, February 26th**

3:45 PM

Piano Performance with Sameul & Sarah Chetty. The public is invited.

**Tuesday, February 23rd**

2:15 PM

"Black Magic"

Speaker Andre' Vann- NCC Dept. of Archives and History- presents a documentary on Black History in Durham and the nation.

**Friday, February 26th**

2:15 PM

Stewart Fulbright- Ret. Tuskegee Airman will be our speaker as part of Black History Month. He will share his story as being an Tuskegee Airman. The public is invited

## New Faces



[ComForcare](#) **Judy Cairns** has recently been appointed as Director of Sales and Marketing for ComForcare

Home Care, with offices in Pittsboro and Southern Pines. ComForcare is a premier provider of In-Home care, serving clients in Chapel Hill, Durham, Pinehurst and all points in between. Judy comes to us with an extensive and highly successful background in Sales and Marketing and is an impressive addition to our team! Call ComForcare at 919-542-2520 or email Judy at [JudyC@comforcare.com](mailto:JudyC@comforcare.com) to meet her.

**Home Care Assistance** would like to announce that **Shannon Tippet** has joined Jaleh Neshat and her team as Director of Marketing. Shannon has twelve years experience in the senior housing and senior publication industries. For more information on Home Care Assistance, contact Shannon at 919-844-9898 or visit [www.homecareassistance.com](http://www.homecareassistance.com).

**Visiting Angels** has hired **Nancy Stolfo-Corti** to expand Business Development and Marketing as a true Visiting Angel. Nancy is a seasoned Marketing professional who leverages direct rapport from the client, caregiver and patient. "We are confident that with Nancy's unique perspective that offers an angel's touch to every client and caregiver we will expand the promise that has kept us the premiere in-home agency in the Triangle for 10 years" clarified Amy Martin, owner Visiting Angels. Visiting Angels, offers "peace of mind" that is dependable, scalable and flexible to everyone's needs. For more information, please contact Debbie Kline at (919) 787-4317.

**ComForcare Home Care** - We are excited to introduce **Charlene Mandia**, RN BSN as our part-time Registered Nurse. She will be sharing the nursing duties with Donna Adams, our Director of Nursing. Recently relocated from NY, Charlene is a registered nurse with experience in home care and case management. She feels fortunate also to have served as a case manager for the returning veterans from the Iraq and Afghanistan war. Charlene just completed a kitchen renovation in her new home that she shares with her significant other. She enjoys anything outdoors such as jogging and landscaping her yard. She also loves pets.



## Job Openings

**Alzheimers North Carolina, Inc.** is seeking a dynamic individual for our **Program and Family Services Coordinator** position. This supportive position promotes dementia awareness through community and family education and provides direct family

support through information gathering and identifying appropriate resource referrals and care consultation. This empathetic individual must have a strong understanding of Alzheimer's Disease and related dementias and will have to facilitate or co-facilitate support groups. Must be experienced in public speaking and possess strong interpersonal skills, extensive computer knowledge and have the ability to work effectively with diverse populations. Will utilize existing and develop new educational materials. Schedule flexibility and travel is required. For more information, please contact Alzheimers North Carolina at 919-832-3732 or email Lisa Levine at [llevine@alznc.org](mailto:llevine@alznc.org).

### [Abbotswood](#)

#### Caregiver Support Group

**Meetings Every Third Thursday of the Month**

**6:30 PM - 7:30 PM**

**919.847.3202**

Join us for this unique and free opportunity geared toward those dealing with the daily challenges of caring for an aging relative.

Linda Kendall M.Ed., LPC (919-696-6163) will share her expertise with older adult caregivers about understanding and coping with the expected decline.

#### Events for March

**3rd, 10:00 AM or 2:00 PM \* [The Village at Brookwood](#)**  
Maintenance-Free Living...The Village at Brookwood invites you to ask members of our community how they are enjoying a stress-free lifestyle! The Library at McIntyre's Bookstore (Second Floor) Light refreshments and beverages. Casual question and answer time · Door prizes! To reserve your seat, RSVP by February 25: 800-282-2053 · [info@villageatbrookwood.org](mailto:info@villageatbrookwood.org)

**4th, 7:30 AM - 4:00 PM \* [Homewatch CareGivers](#)**  
Do You Know Who I Am? ~ An interactive Alzheimer's and Alzheimer's-like dementia training program for Professional caregivers. Through active training participation caregivers will be able to :Understand the dementia disease process, Identify and experience common dementia behaviors, Apply effective communication and approach techniques and Implement successful ADL techniques. Upon completion of this training,

your staff will have gained the necessary tools to create a successful work day for themselves and for the special people for whom they provide care. Training provided by Homewatch CareGivers. To be held at Carolina Meadows, Chapel Hill. Space is limited to 20 participants. Email today to register: [nbruno@homewatchcaregivers.com](mailto:nbruno@homewatchcaregivers.com). \$50.00/ person paid in advance. 7.0 CEU's approved for Assisted Living Facilities.

**16th, 3:00 PM - 5:00 PM \* First Annual Meeting of Private Duty Homecare & Companion Care Agencies**

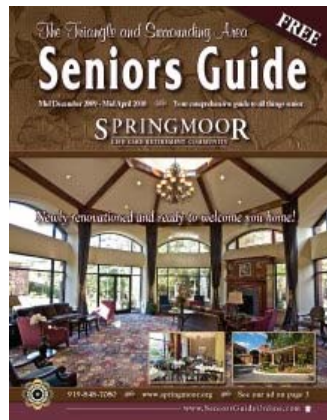
To be held at Hospice of Wake County. Tim Rogers, CEO of North Carolina Home Health and Hospice Association will be updating us on current trends in NC to include companion care licensure and Medicaid cuts. Space is limited. Please RSVP to 960-6038 or [nbruno@homewatchcaregivers.com](mailto:nbruno@homewatchcaregivers.com). This program is only open to private duty homecare and companion care agencies due to limited space.

I hope you have enjoyed this issue of Senior Industry News. Send your submissions to [Crystal@seniorsguideonline.com](mailto:Crystal@seniorsguideonline.com)

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Crystal Hendley  
Seniors Guide



email: [crystal@seniorsguideonline.com](mailto:crystal@seniorsguideonline.com)

phone: (919) 796-8912

web: [www.SeniorsGuideOnline.com](http://www.SeniorsGuideOnline.com)