

Is a CCRC for you or your loved one?

Below are a number of considerations to help you determine if a move to a CCRC is for you. Print out this guide to take with you when you visit a community.

Yes **No** **N/A**

- | | | | |
|--------------------------|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I want to remain independent as long as I am able. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I have concerns about my health. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Emergency medical help is important to me. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Housekeeping assistance would be helpful to me. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I would like assistance with home maintenance and repairs. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I would like assistance with some outdoor maintenance. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I would enjoy the opportunity to meet new people in a social setting. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I would like planned social and recreational activities. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I would like transportation service available. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I would like meals prepared for me. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I am willing to move from where I live now. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I would feel safer if I moved somewhere else. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I would like access to nursing care and personal assistance as soon as it becomes necessary |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I want to remain in the same community for the rest of my life. |

What to look for when visiting a CCRC

The following is a service checklist to help guide you. Determine whether each service is included in the fees or is available for an additional charge.

- | | |
|---|---|
| <input type="checkbox"/> Activities (type and how frequently offered) | <input type="checkbox"/> Meals (number per day and ability to meet special dietary needs); tray service (if ordered by a doctor) |
| <input type="checkbox"/> Barber/beauty shop | <input type="checkbox"/> Utilities |
| <input type="checkbox"/> Laundry facilities and services | <input type="checkbox"/> Telephone services |
| <input type="checkbox"/> Kitchen appliances (kitchen or kitchenette in unit) | <input type="checkbox"/> Safety Features (emergency pull cords or call systems in apartments, fire sprinklers & smoke alarms, ample lighting) |
| <input type="checkbox"/> Bathrooms (full private bathrooms in units, step-in showers) | <input type="checkbox"/> Security System |
| <input type="checkbox"/> Handicapped access | <input type="checkbox"/> Exercise programs, including recreational activities |
| <input type="checkbox"/> Guest accommodations | <input type="checkbox"/> Staff (available 24 hours a day, helpful, appropriate ratio, strong management reputation) |
| <input type="checkbox"/> Parking (garage, carport or in the open) | <input type="checkbox"/> Housekeeping (linen availability) |
| <input type="checkbox"/> Scheduled transportation | <input type="checkbox"/> Dining Facility (proximity to apartment, cleanliness) |
| <input type="checkbox"/> Storage | <input type="checkbox"/> Facility (overall appearance, maintenance) |

Have you requested:

- Resident as guide?
- Lunch with residents?
- Tour of entire community?
- Guest suite available for overnight stay?

What was your feeling when you toured the community?

- Was there activity in the main lounge?
- Was mealtime in the dining room pleasant?
- Were any residents using the activities room?
- Were any residents using the exercise facilities?
- Was there activity in the library or other common areas?
- Are carpets and furniture clean?
- Are amenities operating?
- Was staff friendly and respectful?
- Did staff know residents by name?
- Have the common areas and apartments been designed to allow you to live as easily and independently as you would like?

Other observations you feel are important?

What percentage of the apartments have been rented and are occupied? _____

- Is the management staff experienced? Effective? Friendly and personable? _____
- Does the community have a good reputation in the local community?

Your thoughts and feelings about your visit:
